Country Fact Sheets
Bhutan

Key Health & Nutrition Indicators

National Context of Acute Malnutrition

National SAM Management Policies and Strategies

REMARKS

National multi-sectoral nutrition plans
Yes

SAM management part of national multi-sectoral plans
Yes

SAM management integrated in national health policies
Yes

SAM management national guidelines in place
Yes

Latest SAM management guidelines incorporates WHO 2013 recommendations
No

SAM in pre-service training curricula
Yes

GAM prevalence 4.3%
SAM prevalence 2.6%
Current national SAM treatment coverage target 100%
Current national wasting target < 4.3% 12 Five Year Plan (FYP) 2018 - 2023 target
Current national stunting target 15.14% (12FYP target)

SAM Financing

Domestic funding for SAM treatment programmes
Yes
Domestic funding for SAM treatment supplies
Yes

This fact sheet was developed jointly by the UNICEF Regional Office for South Asia (ROSA), UNICEF Country Offices in South Asia and the No Wasted Lives coalition (Action Against Hunger, the Children’s Investment Fund Foundation, European Commission, UK Government and UNICEF).
**Status of National SAM Management Programme**

**PILOT** | **SCALING UP** | **PROGRAMMING AT SCALE**
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Inpatient care | X (10 hospitals in 20 districts provide services with a good referral system)

Outpatient care | X (all 20 districts)

Community case management

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**Availability of Treatment Services in Second-Tier Administrative Unit**

- Inpatient care: 10 hospitals in 20 districts provide services with a good referral system.
- Outpatient care: All 20 districts.
- Community case management: Nil.

**Geographical Coverage**

**% of Facilities Offering SAM Treatment, by Year, 2010-2015**

<table>
<thead>
<tr>
<th>Year</th>
<th>Inpatient Care</th>
<th>Outpatient Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>6K</td>
<td>0</td>
</tr>
<tr>
<td>2013</td>
<td>10K</td>
<td>0</td>
</tr>
<tr>
<td>2014</td>
<td>8K</td>
<td>0</td>
</tr>
<tr>
<td>2015</td>
<td>4K</td>
<td>0</td>
</tr>
</tbody>
</table>

**REMARKS**

As per current guidelines in Bhutan, children admitted at paediatric ward if diagnosed SAM are referred and enrolled into a Nutrition Rehabilitation Unit located in one of the 10 hospitals mentioned above. Once the child becomes stabilised they are referred to outpatient unit in one of the 20 district hospitals, where these children are treated with F100 and then counselled to feed on home food by nutrition focal point.

The country has no target for coverage of SAM children for SAM management at district level. Only national level targets are fixed to treat all children in paediatric ward who are diagnosed as SAM. There are no separate targets for inpatient and outpatient care at present.

**Key SAM Treatment Performance Indicators**

**NUMBER OF CHILDREN ACCESSING SAM MANAGEMENT SERVICES (ADMISSION BY YEAR)**

<table>
<thead>
<tr>
<th>Year</th>
<th>Admission</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>6K</td>
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<tr>
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</tbody>
</table>

**TREATMENT OUTCOMES (CURED, DEFAULTER, DEATH AND NON-RESPONDERS BY YEAR)**

- **2012**: 2013
- **2014**: 2015

**REMARKS**

Standard global guidelines and programme performance indicators (cure, defaulter, death and non-responders) are not practiced in Bhutan. Revision of current guidelines and aligning it with global guidelines is the priority for Bhutan.